Maggie's Centres

Provide an information and support service to anyone affected by any cancer type

- people who have or have had cancer
- family members
- friends
- staff

Maggie's Programme

All aspects of the evidence based programme are designed to deal with the implicit feelings of:

- Loss of control
- Hopelessness and helplessness
- Isolation

Maggie's Programme

- Information and Support Programme
- Relaxation and Stress Management Programme
- Psychological Support Programme
- Nutrition workshops
- Art Therapy
- Benefits and welfare advice

Who uses us?

- 40,000 visits through 2006
  - Projecting 55,000 visits through 2007
- Edinburgh Centre welcomes 3,500 new people per year and has 17,500 visits per year
- 62% female and 38% male
- 60% people with cancer 40% family members

How do we measure what we do?

- Annual Internal Audit
  - Satisfaction; Course content and activity
- Tri-annual External Audit
- Professional Advisory Board

Complex Issues

- Living with the after effects of cancer
- Emotional expression of the consequences
- Self confidence - regaining trust in self and body, living with uncertainty
- Sexuality and fertility

Complex Issues

- Family communication and relationships
- Returning to work
- Living with hope - beyond a diagnosis
  - with a diagnosis

Surviving cancer from the family's perspective

- All of the above issues
- Support with loss

This is facilitated through:

- Ongoing, open ended, non time limited, free support that is:
  - Drop in
  - One to one, couples, family, small and large group based support
- Environment
  - Inspiring, non-clinical space
  - Proximity to Cancer Centres

maggie's centre
Cancer caring centre

Library Experience

- Integral part of information provision
- Style
- Format
- Relationship to support

Existing and Future Plans

- Scotland - Edinburgh, Glasgow, Dundee, Highlands, Fife, Lanarkshire
- England - London- Charing Cross , Oxford, Cheltenham, Nottingham, Newcastle
- Wales - Swansea
- International - Hong Kong

Opened 2002

Scottish Design Award Winner

maggie's

Glasgow
Page & Park

Maggie’s London

maggie’s centre
Cancer caring centre

Maggie's experience

"Above all, what matters is not to lose the joy of living in the fear of dying"